

## It's Cool to Be Kind: Activity 3

# Walking the walk

Children discuss how kids can model behavior for adults, too.

## Goals for children



- ✓ **Reflect** on the online behavior of adults.
- ✓ **Consider** how the way adults act can model behavior for younger generations.

## Let's talk



What adults can teach kids – and what kids can teach adults! It's important to teach kindness. But it's just as important to model the thematic of kindness that we teach. There are plenty of examples of how bullying and harassment aren't just issues for kids. Just look at how adults sometimes treat each other online, in the news media, or in traffic jams.

We've been talking about how important it is to be kind to your classmates and friends online and off. Have you ever seen adults act meanly toward each other, in your everyday life or in the media? Have you seen adults bullying each other? (Remember, we don't need to name names – let's just talk about the behaviors.)

Do you think your generation can build an Internet that's kinder and more positive than the environments some adults have created for themselves? (A lot of adults think you'll probably be better at this too.)

Do you think some kids start bullying or making unkind comments because they see adults around them or in the news doing these things? Yes to all the above? Please give examples. What would YOU do instead – how would you be a better role model for adults?

## Takeaway

How you and your friends treat each other online will have a big impact on the digital world your generation builds – not to mention the offline world too.

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